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Letter to Residents



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SPRINGS—
BEHAVIORAL—HEALTH

Dear friends and neighbors,

It is March, and I can only think of two lines: "Her wooly, fleecy clouds of white, / she sets in skies of blue delight." This is from Patricia Cisco's "Song of March," but who is she, you ask? Why, she is none other than a joyful spring surprising the earth and her people in all her effortless bounty. This is also the month when the Spring Equinox happens, at the specific moment in time when the Sun is crossing the celestial equator, an imaginary line above the equator, from East to West.

And since ancient times, people have celebrated the arrival of spring with rituals and traditions, as a commemoration of new beginnings and the renewal of nature. The Mayan people, for instance, would perform sacrificial rituals on the famous El Castillo Pyramid. At the beginning of Spring, the sun hits the pyramid in a way that makes it look like a huge snake is sliding down the stairs, which the Mayans called "the return of the Sun Serpent."

Wicca celebrates a holiday named after the German Goddess Ostara, as she is associated with the arrival of spring and rebirth, which is why her festival is celebrated on the Spring Equinox which falls this year on March 19. Closer to home, the Cahokia Woodhenge near Collinsville, Illinois was built between 900 and 1100 AD and consisted of big timber circles located to the West of Monks Mound. It was thought to be a solar calendar to mark, not just the equinoxes, but solstices, sunrises, and sunsets. Finally, Easter, on March 31, of course, is a traditional springtime holiday celebrating renewal stemming from the resurrection of Jesus Christ.

So we could do the same as those before us did: mark a date in our calendar to make a new beginning: be it in planting a new sapling or reading a new book, starting a new job or becoming a parent, forgiving someone or relocating to a new place, starting a new side hustle or cultivating a new hobby—there's always the time and the place to make way for more joy, love and fulfillment in our lives.

But a positive start also means ruling out the negatives: fear, anger, jealousy, procrastination, sloth, gluttony, and bad habits which can be replaced with more mindfulness and gratitude. May our lives remain as abundant as spring. And since this is Women's History Month, to the women we know and do not know, we salute you. Keep changing the world.

Let's march forward in March.

Cheers!

Tom

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ovember 2007 was a turning point in retired Lieutenant Colonel Steve Harrold's life. That November, he laid the foundation stone of the Knights of Heroes (KOH) Foundation. He did so to commemorate the life of a friend and fellow pilot, Major Troy Lee "Trojan" Gilbert, who was killed during combat operations while flying his F-16 to protect ground troops being overrun by the enemy in the Al-Anbar Province, Iraq on November 27, 2006. At the time of his death, Major Gilbert was a husband and a father of five children. To the children, nothing would compensate for the loss of one of their parents. It is such children that Knights of Heroes takes into account. It hosts families with children between the ages of 11 and 17 with common losses at a camp in Colorado.

The programs developed by this charity cover a range from summer camps to wellness retreats and internships. They aim to provide a community where children with common losses can share experiences and build relationships. The charity aims to empower children who have lost a parent in service to our nation by providing positive adult mentorship, character development, and lasting friendships through outdoor adventure programs. The organization strives to ensure that families with losses are not forgotten over time. These empowerment programs are provided to families free of charge via the generosity of their sponsors, donors, and volunteers.

The first camp was held in June 2007 under "Modern Day Knights." Sixteen boys

attended from Texas, Florida, Arizona and Colorado. The camp's enormous success led to the establishment of Knights of Heroes as a non-profit organization in November 2007. The Foundation has since grown every year, with more than 100 children attending at least one of several programs the charity now offers throughout the year. The charity offers five events each year: summer camp plus spring, fall, winter and graduate retreats.

In February 2015, the Knights of Heroes Foundation purchased a 118-acre property on the western slope of Pikes Peak, Colorado. This is the new home of the Knights of Heroes Foundation. In 2020, after the end of combat operations overseas, KOH has been happy to witness a dramatic reduction in the number of families applying to be a part of the program. This trend has prompted the board of directors to shift the focus of the program towards at-risk youth in Colorado. A number of their graduates have expressed an interest in serving this community even as they shut down the traditional KOH programs and began to focus on their new mission.

The charity has opened a new wing named Rocky Mountain Ascent which serves local foster youth in the southern Colorado community, providing opportunities for healing and growth through outdoor recreation, wellness experiences, and lifeskills workshops. Their mission is based on their philosophy of recognizing an individual's value through self-actualization, which focuses on comprehending the value of who we are right now in this moment. This comprehension can shift the perception of personal growth from a shame-driven core to a celebration of our innate potential.

To know more, visit their website www.rmascent.org. •









apping Into Home Equity: A Wise Move in Today's High-Interest Climate

Hey neighbors! I've had a lot of conversations lately about debt - credit cards, student loans, auto loans, etc. I want to talk about a strategy that might seem counterintuitive in our current higher-than-whatwe-have-been-used-to interest rate environment:

tapping into your home equity to consolidate debt.

Why Consider Home Equity?

In a time when interest rates are on the rise, it might seem odd to consider a home equity loan. However, it's crucial to look at the bigger picture. Many of you are juggling credit card debts that come with sky-high interest rates. Comparatively, even with the recent rate hikes, home equity loans are often a more affordable option. The average interest rate on credit cards is above 20%.

Understanding Home Equity Loans

Let's break it down. A home equity loan allows you to borrow against the equity you've built in your home. The interest rates for these loans are generally lower than those for credit cards or personal loans. This means that by consolidating your high-interest debts into a home equity loan, you could significantly reduce your monthly payments

and the total interest you'll pay over time. Plus, most lenders charge interest only for 10 years, leaving you to pay back the principal for the remainder of the term, which will vary from 10 to 20 years.

Pros and Cons

Of course, every financial decision has its pros and cons. On the upside, a home equity loan can simplify your finances by consolidating multiple debts into a single payment. It can also offer tax benefits, as the interest might be deductible. Please consult a tax advisor or CPA. However, it's important to remember that you're using your home as collateral, so there's a risk factor involved. Utilizing your home as a bank account can be a slippery slope.

Personalized Assistance

In my role as a mortgage broker with 719 Lending, I understand each client's situation is unique. My approach is always tailored to the individual's financial situation, ensuring the choices we make are in their best interest.

If you're struggling with high-interest debts, tapping into your home equity could be a solution worth considering. It's not a onesize-fits-all answer, but for many, it offers a path to financial relief and stability. I'm here to help you navigate these decisions. If you have any questions or would like advice tailored to your unique circumstances, please don't hesitate to reach out. 719-299-3339. •

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The Brooks Family's Journey of Resilience and Encouragement

n the tapestry of life, every family weaves a unique story filled with its own set of challenges and triumphs. Our family, much like yours, has navigated through turbulent waters, yet we've emerged with a spirit of encouragement that we hope to share with you.

Let me introduce our family. I'm Michael and my wife is Vera. We have two children Daniel (13) and Eliana (9). We've lived in Bradley Ranch since 2021.

Vera and I have long understood the profound impact of serving and uplifting others—it's a remedy that fortifies our own family. It's this principle that anchors our message to you.

Our Shared Goal

Life's journey is seldom smooth, and despite the relative comforts we may enjoy, adversity spares no one. Our aim is to share our story, to resonate with you, and to extend a hand of encouragement through the pages of this magazine.

Vera's Story of Resilience

Vera's early years unfolded under the shadow of Communism in Southern Russia, where her Christian faith set her apart in a society that pledged allegiance to the state over the divine. Her compelling story can be found at VeraBrooks.com, where she recounts her journey from a childhood of state-orchestrated abuse to seeking refuge in the United States.

Starting anew in Denver, Colorado, Vera embraced her role as a dental assistant, mastering English and her profession with remarkable success. However, a severe car accident threatened to derail her dreams, leaving her with profound injuries, devastating to a single, young girl. Yet, she persevered through her relationship with God and found a significant measure of healing and hope.

Our paths crossed, and despite the challenges of starting a family later in life, we were blessed with two wonderful children. Throughout every hardship, Vera's faith and dedication have been her guiding light. Along the way, Vera has enjoyed speaking to women at events encouraging and building them up to trust and lean on the Lord.

Michael's Story of Adaptation

As a native Hoosier from Indiana, my life took a turn toward business administration, mechanical engineering, and, later, biblical teaching. My passion for sharing the teachings of Jesus led me to Russia as a

missionary, but political shifts cut that mission short, prompting my return to a technical career in the United States.

The economic downturn of 2008 was a harsh blow to my professional life, but it paved the way for our move to Denver, coinciding with the birth of our first child. In 2021 we settled in Colorado Springs' Bradley Ranch. I run a business lending company, flo.LOANS, and am embarking on a new venture—writing children's books that inspire faith and obedience to God.

Cultivating Encouragement: A Path to Personal and **Family Growth**

In the journey of life, we often stumble upon a profound truth that requires frequent reminders: the act of serving and encouraging others is not just a noble deed, but also a potent tonic for our own spirits, fostering progress in our personal lives and within our families. As we reflect on this principle, let's explore three habits that promise to enrich your life and the lives of those around you.

The Power of Friendship

Imagine a world where every person you encounter is uplifted and made to feel valued. It's a simple yet profound concept: encouragement is a universal need. By consciously choosing to be a source of support for your friends—whether you have a close-knit circle or a wide network—you are sowing seeds of kindness that will inevitably blossom into benefits for both you and your family. The strength of these bonds can become a wellspring of mutual support and joy in times of need for many years to come.

The Foundation of Family

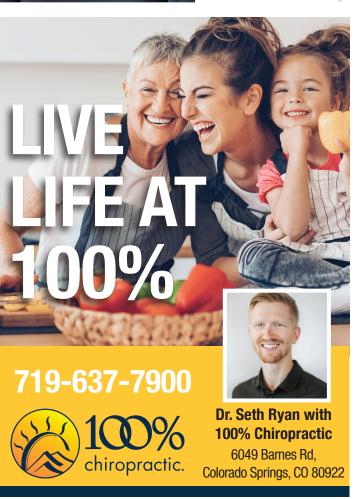
There is no substitute for the unique encouragement that can come from one's own family. These are the people who know you intimately—warts and all—and their support can be transformative. Conversely, they also have the potential to deeply affect your confidence and hope. By investing in your family, nurturing those relationships, and recognizing their potential to be your greatest advocates, you can unlock a reservoir of lifelong enrichment. Though the path may not always be smooth, the rewards are boundless.

The Spiritual Anchor

The third habit is deeply personal and depends greatly on one's worldview. For those who perceive the universe as created by God with purpose, the encouragement I offer here may resonate profoundly. The belief in a thoughtful designer suggests that we have been provided with an "owner's manual" —a source of divine wisdom and a testament of love. I am referring to the Bible, a sacred text that you may turn to for guidance and comfort from your Maker. >







The discipline of engaging with this text before the day's distractions take hold can lead to a nourishing spiritual dialogue. It's an invitation to a conversation with God, a promise of love and encouragement that transcends all others. This relationship does not promise a life free from challenges; instead, it offers companionship and strength to navigate them, allowing us to become instruments of support and encouragement for our friends and family.

In Gratitude to Our Neighbors

As I conclude, I want to acknowledge the privilege of community. In Bradley Ranch, and echoed in neighborhoods like Cordera and Wolf Ranch, we have discovered the beauty of connection. Our neighbors have shown themselves to be gracious, kind, and welcoming. This spirit of camaraderie is something we cherish and seek to nurture.

In extending our heartfelt thanks to you, our neighbors, we invite you to join us in a collective effort to uplift one another, especially through trying times. Together, let us build a community where encouragement is the cornerstone, and where every individual feels valued and supported.

Remember, the simple acts of fostering friendships, strengthening family ties, and seeking spiritual solace are not just habits—they are the threads that weave the tapestry of an encouraging and fulfilled life.

Blessings from the Brooks family! •



WANT TO BE FEATURED OR KNOW SOMEONE WHO DOES?

It's completely complimentary, and we'd love to interview them.

Contact Tom McClintock at TMcClintock@BestVersionMedia.com with your ideas!





In a previous issue, we wrote about 10 famous explorers who changed the course of history and mentioned that we would cover them in more detail in our subsequent issues.

So, here is the story of our first explorer, Christopher Columbus:

Christopher Columbus, the son of a wool merchant, was born in Genoa, Italy, in the year 1451. As a teenager, he found a job on a merchant ship and kept sailing on the high seas until 1476, when pirates attacked his ship as it was sailing north along the Portuguese coast.

The ship sank, but a young and brave Columbus floated to shore on a scrap of wood and made his way to Lisbon, where he eventually studied subjects as varied as mathematics, astronomy, cartography and navigation. He also began to hatch the plan that would change the world forever.

At the end of the 15th century, it was nearly impossible to reach Asia from Europe by land. The reasons were many: the route was long and arduous, and encounters with hostile armies were frequent and unavoidable. Portuguese explorers solved this problem by taking to the sea: they sailed south along the West African coast and around the Cape of Good Hope.

But Columbus had a different idea: Why not sail west across the Atlantic instead of around the massive African continent? He surmised that the journey by boat from Europe to Asia would be comparatively easy if it was taken via the yet undiscovered Northwest Passage. It was not until 1492 that Spanish monarchs Ferdinand of Aragon and Isabella of Castile considered his idea valid and decided to sponsor his voyage. The contract that Columbus made with them stated that he could keep 10 percent of whatever riches he found, along with a noble title and the governorship of any lands he should encounter.

On August 3, 1492, Columbus and his crew hoisted their sails. They sailed from Spain in three ships: the *Niña*, the *Pinta* and the *Santa Maria*. On October 12, the ships made landfall—not in the East Indies, as Columbus assumed, but on one of the Bahamian islands, likely San Salvador, the reason being his ideas made sense but his math was faulty.

For months, Columbus sailed from island to island in what is now known as the Caribbean, looking for "pearls, precious stones, gold, silver, spices, and other objects and merchandise whatsoever" that he had promised to his Spanish patrons. His search did not find much. In January 1493, leaving several dozen men behind in a makeshift

settlement on Hispaniola (present-day Haiti and the Dominican Republic), he left for Spain.

He kept a detailed diary during his first voyage that recorded everything from the wildlife he encountered, like dolphins and birds, to the weather to the moods of his crew. He gifted the journal to Queen Isabella upon his return.

About six months later, in September 1493, Columbus returned to the Americas but headed further west to continue his mostly fruitless search for gold and other goods. In May 1498, Columbus sailed west across the Atlantic for the third time. He visited Trinidad and the South American mainland before returning to the ill-fated Hispaniola settlement, where the colonists had staged a bloody revolt against his shipmates' mismanagement and brutality. Conditions were so bad that Spanish authorities had to send a new governor to take over.

Meanwhile, the native Taino population, forced to search for gold and to work on plantations, was decimated by disease and enslavement. Allegations by his contemporaries of brutality led to Columbus's arrest, although it is unclear whether these accusations were motivated by justice or political expediency. He was returned to Spain in chains. In 1502, cleared of the most serious charges but stripped of his noble titles, the aging Columbus persuaded the Spanish crown to pay for one last trip across the Atlantic. This time, Columbus navigated the waters to Panama—just miles from the Pacific Ocean—where he had to abandon two of his four ships after damage from storms and hostile natives. Empty-handed, the explorer returned to Spain, where he died in 1506.

Though Christopher Columbus did not "discover" the Americas, his expeditions are historical landmarks. They inaugurated a period of exploration, conquest, and colonization that lasted for centuries, thus bringing the Americas into the European sphere of influence. The transfer of plants, animals, precious metals, culture, human populations, technology, diseases, and ideas between the Old World and New World that followed his first voyage is known as the Columbian exchange. These events and the effects that persist to the present are often cited as the beginning of the modern era.

It is thus that Christopher Columbus was widely celebrated in the centuries after his death as a daring and path-breaking explorer who transformed the New World. Many places in the Western Hemisphere still bear his name, including the South American country of Colombia, the Canadian province of British Columbia, the American city of Columbus, Ohio, and the U.S. capital, the District of Columbia. •



INTERESTING FACTS ABOUT ANTIGUA

Antigua, the capital city of St John's and a population of 96,000 is an island in the Lesser Antilles. It is one of the Leeward Islands in the Caribbean region and the main island of the country of Antigua and Barbuda. Antigua is also known as Wadadli by the native population.

Antigua means "ancient" in Spanish after an icon in Seville Cathedral, "Santa María de la Antigua" — St. Mary of the Old Cathedral. The name Wadadli comes from the indigenous inhabitants and means approximately "our own." The economy is mainly reliant on tourism, with the agricultural sector serving the domestic market.

Over 22,000 people live in the capital city, St. John's. The capital is situated in the northwest and has a deep harbor that can accommodate large cruise ships.

English Harbour on the southeastern coast provides one of the largest deepwater, protected harbors in the Eastern Caribbean. It is the site of a restored British colonial naval station named "Nelson's Dockyard" after Vice-Admiral Nelson. English Harbour and the neighboring village of Falmouth are yachting and sailing destinations and provisioning centers. During Antigua Sailing Week, at the end of April and beginning of May, an annual regatta brings sailing vessels and sailors to the island to take part in sporting events.

The first inhabitants were the Guanahatabey people. Before European colonization, Christopher Columbus was the first European to visit Antigua, in 1493.

The Arawak were the first well-documented group of indigenous people to settle in Antigua. They paddled to the island by canoe from present-day Venezuela and were later pushed out by the Carib, another indigenous people. The Arawak introduced agriculture to Antigua and Barbuda. Among other crops,

they cultivated the Antiguan "black" pineapple. They also grew corn, sweet potatoes, chili peppers, guava, tobacco, and cotton.

Corn and sweet potatoes continue to be staples of Antiguan cuisine. Colonists took them to Europe, and from there, they spread around the world.

Most of the Arawak left Antigua about A.D. 1100. Those who remained were raided by the Carib coming from Venezuela. The Caribs' superior weapons and seafaring prowess allowed them to defeat most Arawak nations in the West Indies. They enslaved some and cannibalized others.

The indigenous people of the West Indies built excellent sea vessels, which they used to sail the Atlantic and Caribbean resulting in much of the South American and the Caribbean islands being populated by the Arawak and Carib.

In 1632, a group of English colonists left St Kitts to settle in Antigua. Antigua rapidly developed into a profitable sugar colony. For a large portion of Antigua's history, the island was considered Britain's "Gateway to the Caribbean". It was on the major sailing routes among the region's resource-rich colonies. Lord Horatio Nelson, a major figure in Antigua's history, arrived in the late 18th century to defend the island's commercial shipping prowess.

Sugar became Antigua's main crop, and other planters turned from tobacco to sugar. This resulted in their importing slaves to work the sugar cane crops.

Many West Indian colonists initially tried to use locals as slaves. These groups succumbed easily to disease and malnutrition and died in the thousands. The enslaved Africans adapted better to the new environment and thus became the number one choice of unpaid labor.

Today, collectors prize the uniquely designed colonial furniture built by West Indian slaves.

Many of these works feature what are now considered "traditional" motifs, such as pineapples, fish and stylized serpents.

The American War of Independence in the late 18th century disrupted the Caribbean sugar trade. Great Britain abolished the slave trade in 1807, and all existing slaves were emancipated in 1834.

Horatio Nelson was Senior Naval Officer of the Leeward Islands, and a dockyard started in 1725, to provide a base for a squadron of British ships. Their main function was to patrol the West Indies and thus maintain Britain's sea power. The dockyard was later named "Nelson's Dockyard" in his honor.

In 1968, with Barbuda and the tiny island of Redonda as dependencies, Antigua became an associated state of the Commonwealth, and in November 1981 it was disassociated from Britain.

Antigua has 54 miles of coastline. The Antiguan racer is among the rarest snakes in the world.

The country's official currency is the East Caribbean dollar.

The major Antiguan sport is cricket. Sir Vivian ("Viv") Richards is one of the most famous Antiguans, who played for, and captained, the West Indies cricket team. Both football (soccer) and basketball are becoming popular among the island youth. There are several golf courses in Antigua.

Being surrounded by water, sailing is one of the most popular sports with Antigua Sailing Week and Antigua Classic Yacht Regatta being two of the region's most reputable sailing competitions. Hundreds of yachts from around the world compete around Antigua each year. Sport fishing is also a very popular sport. Windsurfing was very popular until kite-surfing came to the island. Kitesurfing or kiteboarding is very popular at Jabbawock Beach.

The national dish is fungi and pepperpot. Fungie is a dish similar to Italian Polenta, made mostly with cornmeal. Other local dishes include ducana, seasoned rice, saltfish and lobster (from Barbuda). There are also local confectionaries which include: sugar cake, fudge, raspberry and tamarind stew and peanut brittle.

Although these foods are indigenous to Antigua and Barbuda and to some other Caribbean countries, the local diet has diversified and now includes jerk meats from Jamaica and roti from Trinidad, Breakfast dishes include saltfish, eggplant (aka troba), eggs, and lettuce. Lunches typically include a starch, such as rice, macaroni, or pasta, with vegetables or salad, an entree (fish, chicken, pork, beef, etc.) and a side dish such as macaroni pie, scalloped potatoes, or plantains. Dinners may include pork, baked chicken, stewed lamb, or turkey, alongside rice, macaroni pie, and salads. Dessert maybe ice cream and cake, apple pie (mango and pineapple pie in their season), or gelatin. Antiguan Butter Bread is also a main staple of Antiguan cuisine. Locals enjoy fresh baked butter bread and cheese for breakfast.

There are many homes in neighborhoods all over Antigua that have small bakeries built onto them. Loaves are coupled with cheese, sardines, and a bright red sausage. They also have what is called "provisions" with most meals. Provisions are foods that are usually a root or starch like potatoes, yams, sweet potatoes, eddo, etc. During Carnival "souse," a type of soup made very spicy with pigs feet, knuckles, and tails with many onions, is a popular snack, sold by vendors on the side of the road. Black pudding, also known as blood sausage, is a well-seasoned sausage made with rice, meat, and blood that is also enjoyed by locals in Antigua. As you travel the roads of Antigua's countryside, you will see locals roasting fresh-picked corn, usually in the husk, on makeshift grills ready to be purchased and eaten.

Antigua is proud to claim its locally grown pineapples as one of the sweetest types to be found.

Alcoholic drinks include beer, malts and rums, many of which are made locally, including Wadadli beer (named after the original name of the island) and the awardwinning English Harbour Rum.

FOOD BLOG: ANTIGUA



Shrimp Accra

1lb shrimp, peeled, deveined, and diced in tiny pieces, 3/4 cup of all-purpose flour, 1/2 tsp of baking powder, 1 TBSP of Worcestershire sauce, 3 cloves of garlic grated, 1/2 Habanero pepper finely minced, 1 green onion finely minced, a generous pinch of fresh thyme, 1/4 tsp salt, 1/4 tsp of black pepper, 1/2 - 3/4 cup room temperature water, vegetable oil for frying.

In a mixing bowl add the flour, baking powder, thyme leaves, salt and black pepper. Gently mix to incorporate all the dry ingredients. Add the shrimp to the flour mixture, and incorporate everything well. Gradually add water into the bowl while mixing until the dough becomes sticky and stretchy.

In a deep fry pan add about 11/2-2 cups of oil (depending on the depth of your pan) and allow to heat on medium for 5-8 minutes or until the oil shimmers. Then using a tablespoon place one tablespoon of

mixture into the hot oil and fry for about 10 - 12 minutes (depending on the size of your portions). When the exterior of the Accra has a uniform brown color remove from the oil and drain on paper towels before serving.



Mango and Pineapple Crisp

Ingredients: 3 tablespoons all-purpose flour, 2 tablespoons light brown sugar 2 tablespoons sugar pinch of ground nutmeg, pinch of ground ginger, pinch of allspice, 3 mangoes, cut into ¾" pieces 1 pineapple, peeled, cored and cut into ¾" pieces.

Streusel topping: 1 cup all-purpose flour, ½ cup old fashioned oats, ½ cup light brown sugar, ½ cup unsweetened coconut, 3 tablespoons sugar, ½ tsp ground cinnamon, a pinch of ground nutmeg pinch of ground ginger, 8 tablespoons (1 stick) unsalted butter.

Instructions: Preheat oven to 350°. Set aside an 8" x 11½" baking dish. 3. In a small bowl, combine the flour, brown sugar, sugar, allspice, nutmeg and ginger. Place the mangoes and pineapples together in a medium bowl. Add the dry ingredients and stir to combine. Transfer to the baking dish. For the streusel topping: Stir the flour, light brown sugar, sugar, cinnamon, nutmeg and ginger together in a small mixing bowl. Cut the butter into pieces and blend the ingredients. Evenly distribute the streusel topping over the fruit. Bake at 350° for 55-60 minutes. The top will be a deep golden brown and very bubbly. Serve with mango or coconut ice cream on top. ●







Palmer Lake Outdoor Classic



By Emmett Smith

he third annual Palmer Lake Outdoor Classic game was hosted by Lewis Palmer this year and saw positive remarks from all. Parents, students, community members, and teachers all gathered in their love for the sport. Despite the frigid temperatures, thousands gathered to watch four competitive high school teams compete for the title of the Palmer Lake Outdoor Classic Championship.

Pine Creek, Lewis Palmer, Chaparral, and Palmer all boasted teams who played in two tournament style games to determine the championship. After the ceremonies had concluded, Pine Creek and Lewis Palmer took the ice on the north side and Chaparral and Palmer competed on the south. After a highly contested games on both ends of the lake the victors were determined: Pine Creek and Palmer. Pine Creek was able to sneak away with the win with a goal to win the game as the clock ticked down with just a couple seconds to go. On the south side, Palmer and Chaparral ended in a tie game that eventually led to a shootout. After several tremendous saves by both goal tenders, Palmer was able to bury a goal and bring them to the Championship.

After a short intermission with some make-shift Zambonis, the championship game for the title of Palmer Lake Outdoor Classic Champion was set to start: Pine Creek High School vs Palmer High School. The game was close the entire way through. Trash talk and banter soared as the game clock ran down. In the last few minutes of the game, Pine Creek scored the game-winning goal to finalize the score of 3-2. As the horn sounded calling the game to a close, fireworks erupted from the west side of the lake. Cheers of triumph from Pine Creek's parents, students, and fans as well as the Pine Creek Hockey Team exploded as the team dove into a dog pile on center ice.

As a player competing in the tournament, this was an incredibly rewarding experience that I will remember and cherish for the rest of my life. I am very grateful to be able to play in this amazing opportunity and would like to extend my appreciation and gratitude to Coach Scott Bradley and the Lewis Palmer Team and Program. •









BROADHEARTED BODIE

By Tom McClintock

ith lots of volunteer time at senior facilities, and spending quality time with the patients and residents alike, Bodie, Gerda Bach's 9-year-old Goldendoodle is certainly broadhearted. After all, generosity is in his genes. He is the "designer dog" descended from some ingenious breeding between the very friendly Golden Retriever and the otherwise smart and intelligent Poodle.

Bodie has an overload of good looks, smart wits and playfulness. He is a natural athlete and in his spare time loves to play "fetch" in the backyard with his favorite stick or ball or just go on hikes. He is slightly on the slender side and has a soft, snow-white coat that needs regular cleaning and grooming. He is high-spirited, a perfect family dog and Gerda's lifelong pal. He is a great cuddle buddy and will occupy his chosen part of the sofa to laze on it for as long as he likes before he rushes off to the backyard for more outdoor fun. He loves his visits to the park where he gets to visit with the other pooches.

And last, but not least, he is eagerly awaited at the senior center by the residents. Because he has become the "sunshine" that brightens everyone's day.

Thank you, Bodie! Keep up the good work. •

Share your pet's story with us!

Want your pet featured in an upcoming edition of *Cordera & Wolf Ranch Neighbors?* Please email Thomas McClintock at: tmcclintock@bestversionmedia.com, and include:

- Your name
- Your pet's name
- Your pet's favorite activities, treats, toys
- A photo of your pet





CALENDAR OF EVENTS



DanceAspen Comes to the Springs

@ Ent Center for the Arts

Artistry at its best: iconic pieces from world-class choreographers that will leave you mesmerized. This is the cultural highlight of the season - an eclectic fusion of art and athleticism.

Time: 7:30pm

Admission: Student Tickets: \$10; Regular

Tickets: \$20-50

Contact: (719) 255-8181; tickets@uccs.edu

March 2

Phil Vassar

@ Boot Barn Hall at Bourbon Brothers
Phil Vassar is a piano-pounding powerhouse
going coast to coast on his piano bar tour. You
will be treated to his covers and iconic pieces.
He is a musician and songwriter rolled into
one. EMI signed him in the mid-'90s when
he penned hits for the likes of Collin Raye,
Alan Jackson, Tim McGraw, Jo Dee Messina,
and Blackhawk. He is ACM's Top New Male
Vocalist - do you still need a reason to go?

Time: 7:00pm **Admission:** \$49 - \$69

Contact: showclix.com/event/phil-vassar-3-2

March 2 - 3

Reiki I & Reiki II Workshop

@ La Foret Conference & Retreat Center Use code: ReikiPCCO2024 for a \$55 discount on the workshop.

Class is limited, Register TODAY! Sacred Lotus Reiki & Natural Healing

Early registration is required as the class size is limited with one-on-one interaction that will teach you Sacred Lotus Reiki and Natural Healing. Use the code above to get a \$55 discount. Contact: www.sacredlotusreiki.com

March 8 - 9

Dancing Dream: ABBA Tribute Band

@ Boot Barn Hall at Bourbon Brothers
The New York City-based touring tribute
act will make you groove once again, as you
relive the 70s with your most-loved ABBA hits
"Mamma Mia," "Dancing Queen," "Take a
Chance," "Fernando," "Waterloo," and many
more. This is nostalgia with a happy twist.
Time: 7:00pm

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Admission: \$59 - \$99

Contact: www.showclix.com/event/dancing-dream-abba-tribute-band-night-1

March 9, 16

History Stroll: Women's Voices, Women's Lives

@ Colorado Springs Pioneers Museum Annex In recognition of Women's History Month the Colorado Springs Pioneers Museum Curator of History, Leah Davis Witherow, will take you for a 1-mile downtown stroll to explore several downtown sites of women's work, activism, and philanthropy revealing insights on how women have fostered the community in Colorado Springs. If you're a woman or a man interested in knowing more about women's empowerment, you will love going on this walk.

Time: 11:00am Admission: \$5

Contact: (719) 385-5990; cosmuseum@ coloradosprings.gov

March 11

Apple Club Meeting

General Meeting is always the 2nd Monday of each month.

@Virtual Zoom.

All it takes is a click. Join a Zoom meeting and get to learn for free: the first hour will cover all your questions on Apple devices, iPhone apps and Mac applications. The second hour will have a presentation on this month's specific topics related to tech. There's knowledge to be gleaned so be sure to join in.

Time: 6:00pm - 8:00pm

Admission: Free

Contact: info@smmug.org for Zoom meeting credentials, Check www.smmug.org for Zoom how-to on the homepage (Zoom Meeting info), any cancellations, and topic changes.

March 1, 2, 7, 8, 9, 14, 15, 16

Pleasure & Protest in Contemporary Figure Painting

@ Ent Center for the Arts

Guest Curator: Sara-Jayne Parsons, Director and Curator of The Art Galleries at TCU

An exhibition that centers on exploring or re-situating domestic craft and decorative art practices about painting the figure. The collection combines patterns, gestures and repetitions in watercolor, fresco-secco, wallpaper, clay and embroidery. The goal is to protest against hierarchies in subject and material and to invoke reflection on current feminist discourse about cultural identity, representation, and making. If you believe art makes a statement, messages here are waiting to be read.

Time: 1:00pm Admission: Free

Contact: 719.255.3504; gallery@uccs.edu

March 16 - 17

Emerging Colors

® Broadmoor Community Church
Celebrate spring colors with the Aztec narrative that explains where the Earth got its colors from.
Double the joy with vivacious woodwind and

cello performances from the Chamber Orchestra and Soloist Annie Jacobs-Perkins that bring out the melodies and vibes of this happy season. **Time**: March 16: 7:00pm; March 17: 2:30pm **Admission**: Adults - \$35; Seniors/Military/ Educators - \$30; Youth/Student - \$10

March 20

Lunch & Learn: Colorado Springs and the Eclipse of 1878

@ Colorado Springs Pioneers Museum Annex In an insightful conversation over lunch, the author of the book America's First Great Eclipse, Steve Ruskin takes you back to the year 1878 when a total solar eclipse brought astronomers down to the American West, just 7 years after Colorado Springs was founded. You can't miss this snapshot of history.

Time: 12pm - 12:45pm

Admission: Seating is limited.; Reservations are required.; You may reserve a free ticket (feel free to bring your lunch!) or pay for one of four boxed lunch options from Panera*. We are not able to make any substitutions to the boxed lunch options. Contact: (719) 385-5990; cosmuseum@coloradosprings.gov

March 21

Little Learners: The ABCs of History

@ Colorado Springs Pioneers Museum Annex Young learners get to develop their skills through games, crafts, songs and history challenges. If you have a young learner at home, don't miss this.

Time: 10:30am - 11:30am

Admission: General: \$3; Scholarship: Free;

Donate: \$5

Contact: (719) 385-5990; cosmuseum@ coloradosprings.gov

March 21 - 24

Into the Woods

@ Ent Center for the Arts

Led by the wonderful team who brought you Lumberjacks in Love—director Caitlin Lowans and music director J. Chang-Tablada—Into the Woods is captivating. It tells the stories of a little girl in the red hood, the boy and his cow, the woman with the priceless shoes, the prince, the baker and his wife, the wolf, and the witch as they venture out into the forest. Will the ending be fairy-tale-like? Don't keep guessing. Go over and find out.

Time: 7:30pm

Contact: (719) 255-8181; tickets@uccs.edu

March 31 – Happy Easter!



REAL ESTATE STATISTICS (RECENTLY SOLD)

Address	Community	Square Footage	Bedrooms	Baths	Garage	Sold Price
9265 Bugaboo Dr	Wolf Ranch	1,813	3	2	4	\$607,425
6543 Tumble Creek Dr	Wolf Ranch	2,337	3	3	3	\$615,000
6341 Ottawa Dr	Wolf Ranch	1,883	3	2	3	\$640,000
10139 Moon Walk Dr	Wolf Ranch	3,520	4	3	2	\$640,000
5244 Castlewood Canyon Ct	Cordera	3,709	5	4	2	\$640,900
10103 Edgemont Ranch Ln	Cordera	3,544	4	3	2	\$650,000
4045 New Santa Fe Tr	Cordera	3,450	4	3	3	\$658,000
10021 Thrive Ln	Wolf Ranch	3,608	5	3	2	\$675,000
5247 Mount Cutler Ct	Cordera	3,259	4	3	3	\$675,000
10440 Marshall Mesa Ct	Cordera	3,494	4	4	3	\$690,000
10426 Sharon Springs Dr	Wolf Ranch	3,772	4	3	3	\$705,000
9154 Dome Rock Pl	Cordera	3,389	4	3	3	\$730,000
9347 Lizard Rock Tr	Cordera	3,717	4	3	3	\$765,000
10576 Grand Lawn Cr	Cordera	3,565	4	3	2	\$775,200
4578 Hanging Lake Cr	Cordera	3,490	5	4	3	\$795,000
4201 Captain Jack Ln	Cordera	3,546	6	4	3	\$799,000
10056 Emerald Lake Ln	Cordera	3,604	5	3	4	\$800,000
5236 Chimney Gulch Wy	Cordera	3,652	4	4	3	\$800,000
6423 Tumble Creek Dr	Wolf Ranch	4,088	4	5	3	\$900,000
9124 Dome Rock Pl	Cordera	4,660	6	4	4	\$1,075,000
5217 Spinney Mountain Wy	Cordera	4,749	5	6	3	\$1,546,860

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Saving available to our heroes when using the Homes for Heroes Program:

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- •Discounted Lender fees with HFH preferred lender.
- •Discounted Closing fees with HFH preferred closing company.
- Discounts from local Friends of Heroes businesses.

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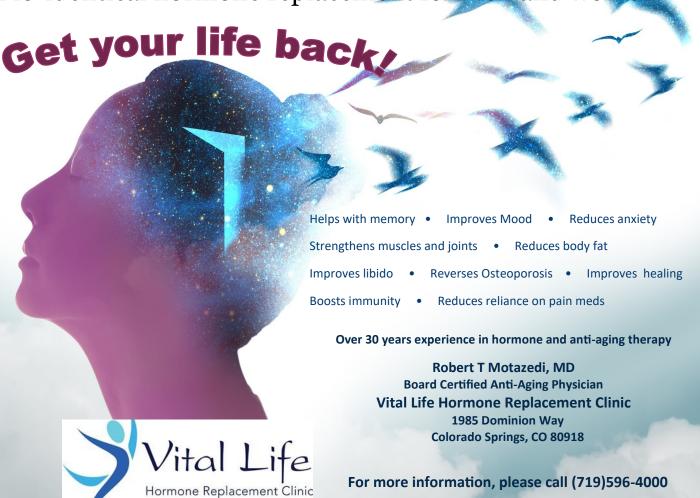






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